

care and maintenance

The crutches should be regularly inspected for signs of damage or wear and tear. Check for:

- ✎ Damage to tubing, including any bends or crack at the tube joints.
- ✎ Worn or loose brass push buttons or elongated holes.
- ✎ Loose or worn handgrips.
- ✎ Smooth, worn or split ferrules.

Replacement Ferrules:

Replacement Ferrules are available from Drive DeVilbiss. The product codes for the ferrules used are listed below.

specification

CODE	SIZE	HANDGRIP HEIGHT	CUFF HEIGHT	FERRULE USED
10452-30	ADULT	65 - 91cm	22 -28cm	FER22

*the weight limit for all crutches (except 10403HD) is 160kg (25 stone).
the weight limit for the 10403HD is 230kg. (36 stone).*

warranty details

Your Drive DeVilbiss branded product is warranted to be free of defects in materials and workmanship for one year from date of purchase.

This device was built to exacting standards and carefully inspected prior to shipment. This warranty is an expression of our confidence in the materials and workmanship of our products and our assurance to the customer.

In the event of a defect covered by this warranty, we will at our option supply parts or replace the device.

This warranty does not cover device failure due to owner misuse or negligence, or normal wear and tear. The warranty does not extend to non-durable components, such as rubber accessories, castors and grips, which are subject to normal wear and need periodic replacement.

If you have any queries or require full warranty conditions, please contact your

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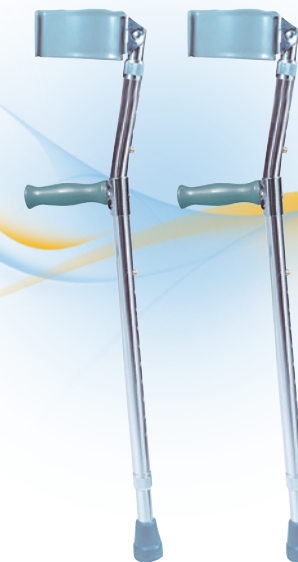
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Double
Adjustable Crutches
User Manual



safety precautions

Apply the following precautions before use:

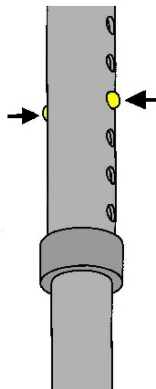
- ✎ Ensure the brass push buttons have securely locked the legs in position
- ✎ Do not exceed the weight limit of 127kg (20 stone)
- ✎ Ensure the ferrules have sufficient grip and beware of slippery surfaces such as wet floors, wet leaves, etc.
- ✎ Inspect the crutches regularly for signs of damage or wear (see care and maintenance

Note: All recommendations contained herein should be checked with your health professional (such as occupational therapist or physiotherapist) before use. Their advice should take precedence over the information herein. A full assessment of the user and their specific requirements before a crutch is selected.

height adjustment

The height of the crutch handgrip and cuff should be adjusted to suit each user for safety and comfort. The adjustment process is described overleaf.

To adjust the handgrip height, use the push button on leg section of the crutch. To adjust the cuff height, use the push button on the cuff section.



To adjust the section height:

1. Push in the brass buttons (as shown in the diagram).
2. Extend or retract the section to the required height.
3. When this height is reached, release the button but carry on adjusting the section until the buttons lock in position.

The 10430HD model has an anti-rattle collar. If the leg height is difficult to adjust, loosen the anti-rattle collar (located at the bottom of the crutch outer tubing).

using the crutches

General Safety When Using:

- ✎ Check with your health professional before following the advice contained in this section.
- ✎ If using with a chair, remove both arms from the cuffs just before lowering yourself in it the chair. It is recommended that you use a chair with arms and a high seat to help you sit in and get out of the chair.
- ✎ To get out of the chair, push on the crutch handgrip with one hand and push on the chair arm with the opposite hand to aid standing.

- ✎ If stair use is required, have somebody aid you until you feel safe. Hold on to the handrail with one hand and the crutch in the other hand. Place the crutch on the same step as the affected leg.

To go up and down the steps, place the crutch and unaffected leg on the step first, then follow with the affected leg on the same step as the crutch.

walking with the crutches

If the affected leg cannot bear weight

1. If you cannot put any weight on or stand on the affected leg, bend your knee slightly to keep the affected leg off the ground.
2. Move the crutches one step forward, ensuring that they are level and slightly apart. Allow the crutches to take some of your body weight.
3. Then move your body forwards between the crutches, swinging the affected leg through.

If the affected leg can bear some weight

1. Move the crutches one step forward, ensuring that they are level and slightly apart. Allow the crutches to take some of your body weight.
2. Step through with the unaffected leg whilst diverting most of your body weight through the crutches and unaffected leg.